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rolling walker

A qualified medical professional should educate and train users for appropriate use. It is your responsibility to use this device correctly.

A walker is intended to help an individual remain mobile by aiding in walking. It accomplishes this purpose by transferring some of the functions normally performed by the legs and feet to the arms and hands. The most important of these functions is usually weight bearing, but others include balance as well as standing or walking stability. There are different types of walkers, some walkers have wheels while others do not, a qualified medical professional should recommend the correct one for you and provide training. It is important to adjust it to the proper height before using it.

Height Adjustment

The height of the hand grips should be such that it provides a slight bend in the elbow when you are standing straight and holding the hand grip. A 20-to-30 degree bend in the elbow is usually considered desirable. A qualified medical professional should adjust the height of all four walker legs to place the height of the hand grips slightly above your wrists when in a standing position. After making the height adjustment, check carefully to ensure that all four legs are locked securely in the selected position.

It is your responsibility to maintain and provide upkeep of this item. It is your responsibility to use this device correctly.