



[www.free-foundation.org](http://www.free-foundation.org)



versa frames

**A qualified medical professional should educate and train users for appropriate use. It is your responsibility to use this device correctly.**

Toilet safety frames provide safety and assistance to individuals who have difficulty in safely lowering themselves down to the toilet and resuming a standing position. There are two types of toilet rails or toilet frames available: one type attaches to the toilet; the other is a free-standing frame with four legs that is simply placed around the toilet.

Rails that attach to the toilet use a mounting bracket. This mounting bracket is held in place by the toilet seat bolts.

### **Installation**

A qualified medical professional should install toilet safety frame to ensure appropriate installation.

Remove the two large nuts from the toilet seat bolts; lift the seat off the toilet; position the mounting bracket, aligning the holes in the bracket with the holes on the toilet; replace the seat; and tighten securely. The rails or arms can now be inserted and locked into the bracket. On some models, provisions are made to allow a choice of the width or distance between the rails when attaching them to the mounting bracket. The arms can then be leveled by adjusting the leg extensions. Either arm can be removed allowing access to either side for lateral transfers.



### **versa frames continued**

It is very important that the user understands the necessity for exerting force only straight down in a vertical direction when getting up and down or transferring to and from the toilet. Any significant force on the arms in a lateral or outward direction is likely to bend or break the tubular frame. Although the rails are attached to the toilet, the leverage created by their length prohibits pulling or pushing on the arms in a horizontal direction.

#### **Free Standing Toilet Safety Frame/Versa Frame**

A qualified medical professional should install toilet safety rails to ensure appropriate installation.

Position the frame around the toilet providing armrests on either side. The height of the arms is adjustable to the most functional level for the user by adjusting the leg extensions on each leg. It should also be noted that the Free-Standing type toilet frame is usually not functional for the non-ambulatory user because it does not provide lateral transfer.

**It is your responsibility to maintain and provide upkeep of this item. It is your responsibility to use the device correctly.**